



SCAN TO BOOK

# Summer Training Camp 2026

Spectrum Athletics Track

Tuesday 21st · (NOT Wednesday 22nd) · Thursday 23rd · Friday 24th July 2026



**Quality Coaching for athletes aged 6-14**

**No club membership needed – all welcome!**

## WE COACH:

Sprints & Starts

Hurdles

Middle Distance

Throws

Long Jump

High Jump

Team Relays

Competitions

 **Certificates awarded for times & distances**

## BOOK YOUR PLACE!

**£45 per day**

**All 3 days: £120 (save £15!)**

Apply online at:

[www.young-athletes.co.uk/trainingcamps](http://www.young-athletes.co.uk/trainingcamps)

**Applications close: Tuesday 14th July 2026**

