



# Are mealtimes a challenge in your household?

If you are the parent or carer of a child who is neurodivergent, you are *not alone*...

Join our free webinar with **Niki Methold**, HCPC Registered Dietitian and mum of three, designed just *for you*.

#### DATES:

Thursday 10 July | 1.30pm - 2.30pm

Monday 14 July | 7.30pm - 8.30pm

Scan the code to register for FREE



With both professional insight and personal experience, Niki offers a compassionate, realistic approach for families navigating food challenges.



The **FAMILY** Dietitian