

## 1ST TOUCH

A FREE PROGRAMME INTRODUCING 5-6 YEAR OLDS TO FOOTBALL

- ► PROFESSIONAL COACHES, YOUTH A LICENSE
- DYNAMIC MOVEMENT GAMES PROMOTING AGILITY, **BALANCE, COORDINATION & SPEED**
- ▶ 1 BALL PER PLAYER ALLOWING LOTS OF TOUCHES
- A POSITIVE LEARNING ENVIRONMENT
- CONDITIONED GAMES HELP DEVELOP TECHNICAL **SKILLS & IMPROVE GAME AWARENESS**

Saturday 7th June - Saturday 12th July / 9.30-11.30am Kings College School, Guildford GU2 8DU / 3G pitch

TO BOOK A PLACE PLEASE EMAIL DAWN.DAVIES11@BTINTERNET.COM