



Guildford Family Centre

March 2024



Welcome to the March edition of Guildford Family Centre's newsletter. While the weather is mostly still wet, windy and grey, we have seen some brighter days and it's not long until the summer comes back around.

In the meantime, Easter is just around the corner! Take a look through the pages for some inspiration on how to keep your family busy. The Hive have various activities going on, some for your little ones and some for you.

There are also courses, workshops and webinars on [page 5](#) to help with father's wellbeing, teenagers and weaning!

We are proud to announce that Guildford Nursery School will continue to be the lead provider of Early Help services across the Guildford borough.

As part of the new specification which will be implemented from 1st April 2024, the age of children that the Guildford Family Centre team support will extend from 0 - 11 years to 0 - 19 years or 25 years where there are additional needs.

We are individually and collectively hugely ambitious for the children, young people and families in our borough, and are very excited to be able to continue working with you all. You will soon see our new branding being displayed across the borough (sneak peek below!).

What ever you get up to, we wish you a very happy Easter break.



**Please note that events and we advertise are not affiliated to us and we cannot take responsibility for them.*

To keep up to date with local events and activities, workshops and support for families, follow the Guildford Family Centre Facebook page [Facebook](#)

The Spinney Family Centre, Southway, Guildford, Surrey GU2 8YD Tel: 01483 510570
Hazel Avenue, Guildford, Surrey GU1 1NR Tel: 01483 566589
York Road, Guildford, Surrey GU1 4DU Tel: 01483 561652
receptionfc@guildfordnsc.surrey.sch.uk



Aldershot Easter Eggstravaganza



Saturday 6 April - Aldershot town centre

Sunday 7 April - Farnborough town centre

From 10 am - 3 pm

Hop on down to the Easter Eggstravaganza for magical mini-Easter egg hunts in a magical pop-up allotment, Spring gardening, Easter hat making, face painting and an egg-citing visit to the Easter bunny's flower garden!

[Aldershot Easter Eggstravaganza, Wellington Street, Aldershot, GU11 1, United Kingdom, April 6 2024 | AllEvents.in](#)

Free Family Fun Day



The Yvonne Arnaud Theatre, Guildford

Wed Apr 03 2024 at 09:00 am to 02:00 pm

Drop in and search for eggs hidden around the theatre foyer and garden - if you find them all you'll get an Easter treat!

Free craft activities, dressing up, outdoor chalk art, face painting* and delicious refreshments available from the Riverbank Kitchen - this is one egg-stravaganza you won't want to miss!

Suggested £1 donation per child for those who are able to.

*Face painting will be available between 10-2pm.

[Easter Family Fun Day | Yvonne Arnaud Theatre \(yvonne-arnaud.co.uk\)](#)

Easter at Elm Nursery



Friday 29th March – 14th April, bunny hunt on the farm!

Entry includes farm admission and costs £6 per child and £5 per adult (under 2's are free) and includes a treat prize!

Pottery painting from Fired Frog pottery Café and a face painter on the following dates:

Tuesday 2nd April - Friday 5th April: 11am - 2pm

Monday 8th April - 12th April: 11am - 2pm

Additional charge applies and face painter is CASH ONLY.

Farm: Open every day 10am – 3:30pm (last entry 3pm) CLOSED

Easter Sunday, 31st March

[Easter at Elm Nursery: Fun on the farm! , Sutton Green Road, GU4 7QD Guildford, United Kingdom, 29 March 2024 | AllEvents.in](#)

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Family Fun Day @ Challengers



The Hub ★ ★

Family FUN DAY



 Come and enjoy our soft play and outdoor playgrounds with all the family

 Guildford and Farnham
Various Sundays 10am to 2pm

 **FREE OF CHARGE**



SCAN TO BOOK

CONTACT US WWW.DISABILITY-CHALLENGERS.ORG/THE-HUB
thehub@disability-challengers.org

Challengers ★

01483 961962

 **COMMUNITY FUND**

It is **Challengers** Farnham Family Fun Day on Sunday running from 10am to 2pm, follow the link to book your free ticket to come along and enjoy what the play centre has to offer:

<https://www.tickettailor.com/events/thehubchallengers>

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Father's Wellbeing Course



Minds Matters are running an online Fathers Wellbeing Course - Tuesday 16th April 4 pm - 5.30 pm.

The format aims to:

- ◇ provide fathers with an opportunity to share common issues and experiences in a supportive atmosphere
- ◇ help to challenge some unhelpful expectations of fatherhood in a non-judgmental and supportive environment
- ◇ help to identify certain behaviours, thinking patterns and situations that may be contributing to your low mood or anxiety
- ◇ give you the chance to learn skills to change them and help develop self-compassion.

To speak to a therapist about joining, head over to the website to fill out a self-referral form: www.mindmattersnhs.co.uk

Talking Teens



Tuesday evenings 6.30 pm - 8.30 pm

April 23rd - May 14th

At The Hideaway Café, Eastgate Gardens, Guildford, GU1 4AZ

Four sessions explore:

- ◇ Being a parent of a teenager
- ◇ Understanding your teenager
- ◇ Communicating with your teenager
- ◇ Managing conflict.

Please call 01483 574900 or email paulsharpe@matrixtrust.com

Let's talk about weaning



This online weaning webinar is for all parents wanting to learn more about weaning their baby.

Whether your baby is 4 months and you're wanting to get a head start on how to prepare or your baby is 9 months and you're wanting to do some problem solving - this is for you!

To book please follow the eventbrite link below:

<https://www.eventbrite.com/e/lets-talk-about-weaning-tickets-830524991607?aff=oddtcreator>

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Easter Holiday Workshops

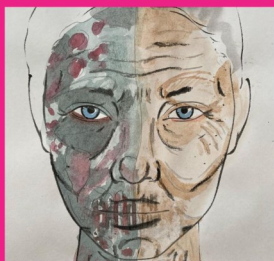
EASTER HOLIDAY WORKSHOPS 2024



Tue 2 – Tue 9 Apr

Workshops for ages 5-16

**Creative Make-up • Stage Combat • Poetry •
Treat Factory Drama Workshops**



For further information email our Creative Learning team:
creativelearning@yvonne-arnaud.co.uk

**Book Now:
YVONNE-ARNAUD.CO.UK
BOX OFFICE 01483 44 00 00**



**PLUS,
FREE FAMILY
FUN DAY
3 APR**

For further information please email the Creative Learning team: creativelearning@yvonne-arnaud.co.uk

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Guildford Borough Community Wellbeing Team



Coffee, cake & chat will be held on Friday this week
(usually every Wednesday from 10am -12pm at The Hive).

Check out their Facebook page to keep up to date with events and activities [Facebook](#)

ENERGY MANAGE
TOGETHER TACKLING FUEL POVERTY

Energy Manage is an organisation that works with residents who might be at risk of fuel poverty.

Their energy crisis support is aimed at helping people who are in a vulnerable situation and facing difficult choices about their gas and electricity supply.

ENERGY MANAGE
TOGETHER TACKLING FUEL POVERTY

Energy Manage along with the Cosier Homes Advice Service offer tips on energy efficient changes for your home as well as further advice and support.

A diagram of a house showing energy loss percentages: 25% through the roof, 15% through windows and doors, 10% through the floor, 15% through draughts, and 35% through the walls.

Energy Manage At The Hive every Tuesday afternoon between 2pm - 4pm!

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Guildford Borough Community Wellbeing Team

PlayZone S.E.N.D



TUESDAY MORNINGS IN THE PLAYZONE (9AM- 11AM), ARE DESIGNATED FOR CHILDREN WITH SPECIAL EDUCATIONAL NEEDS & DISABILITIES.

DURING THIS TIME, THE CAPACITY OF THE PLAYZONE WILL BE REDUCED TO A MAXIMUM OF 10 PEOPLE.



IF YOU WOULD LIKE TO FIND OUT MORE INFORMATION
PLEASE GIVE US A CALL ON 01483 444 150
OR EMAIL COMMUNITY.WELLBEING@GUILDFORD.GOV.UK



THE HIVE, PARK BARN
DRIVE, GU2 8EN

FREE UNDER 6S CRAFTS

Colour Magic: Come and join us for some Colour Magic! Create splashes and splodges of all the colours of the rainbow. Discover which colours make new ones when mixed together, find out what's behind the smooth black card and use your own magic to turn spots into patterns



There are two, one hour slots available.
Places are limited so reserve your space by
emailing or calling us

Thursday 21nd March
10am- 11am
11am - 12pm



The Hive, Park Barn Drive, GU2 8EN

PlayZone

01483 444 150

community.wellbeing@guildford.gov.uk

Easter Eggstravaganza!

Come and join the Community Wellbeing team and partners for a wonderful afternoon filled with Easter themed activities!

When: Thursday 4th April
Where: Sutherland Memorial Park, Clay Lane, Burpham, Guildford GU4 7LX
Time: 1pm - 4pm

This is a FREE event, just turn up and join in the fun!

FOR MORE INFORMATION:
Call us: 01483 - 444150
Email us: community.wellbeing@guildford.gov.uk
[@GBCCommunityWellbeing](https://twitter.com/GBCCommunityWellbeing)

Community Wellbeing

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Things for your family



Check out the link to the latest digital Families magazine.

The what's on diary has loads of things for children and families to do in January and February.

They also feature pre-schooler play places (role play/soft play and more) and a long list of baby and toddler groups all listed by day.

https://issuu.com/familiesonline/docs/families_surrey_west_march_april_20_14a3e149a26d71?fr=sNThhNjcxMjE1ODg



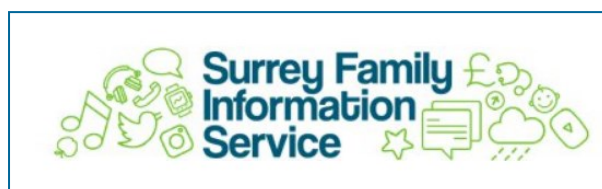
if you're looking for a creative activity to break up your day or a tool that taps into a child's creativity, then try these videos! They're bitesize in length (around 4-6 minutes) and simple to follow.

All you need are some colouring pens, pencils or crayons and some plain paper. That's it. They're 'clean' classes (no sticky glue or pots of glitter!) [Welcome to Monty Plonker! \(youtube.com\)](https://www.youtube.com/watch?v=...)



Hoop is an incredible app that allows parents to find healthy activities for kids.

Parents can select activities within a radius of your home or current location, and filter activities that suit your children and their needs.



The March edition is focused on the most pressing concerns for families.

This includes financial and parenting support, wellness and keeping your children safe online.

[Community Connector newsletter – helping families find support - Surrey County Council \(surreycc.gov.uk\)](https://www.surreycc.gov.uk/newsletters/community-connector)

Other useful information

- **Child Health Drop-in Clinic**

These are drop in sessions, no need to book

Mondays 12.30pm - 2.30 pm @ Guildford Family Centre, Southway, Guildford GU2 8YD

Tuesdays 10.00am - 12.00 pm @ Guildford Nursery School, Hazel Avenue, Guildford GU1 1NR

- **SENDSory Play at Hazel Avenue**

A sensory play session for children with additional needs from birth - 5 years. Professionals from Early Support, SEES (previously Portage) and physiotherapists regularly attend and are on hand to answer any questions you may have (siblings are welcome).

These are drop in sessions, no need to book - no formal diagnosis needed.

Mondays 10:00 am - 11:30 am @ Guildford Nursery School, Hazel Avenue, Guildford GU1 1NR

- **Wiggles and Giggles at Hazel Avenue**

Sign up for our free parent and baby group for non-mobile babies.

Come and meet other parents and babies and join us for some afternoon of fun.

To reserve your place please call 01483 510570 or drop in on the day.

Thursdays 1:00pm - 2:00pm @ Guildford Nursery School, Hazel Avenue, Guildford GU1 1NR

- **Guildford Family Centre Community Resources Link**

[Resources – Guildford Nursery School and Family Centre \(guildfordnsc.surrey.sch.uk\)](http://guildfordnsc.surrey.sch.uk)

In order to help develop this into an informative and helpful resource for all families, we would be very grateful if you could complete the short questionnaire below to help us understand your awareness of the services available, and identify areas that can improve information sharing:

<https://forms.office.com/e/2YbSdkXDuc>