

PROMISE OF THE WEEK...

**HE LETS YOU REST IN
GREEN FIELDS
AND RENEWS YOUR
STRENGTH!**

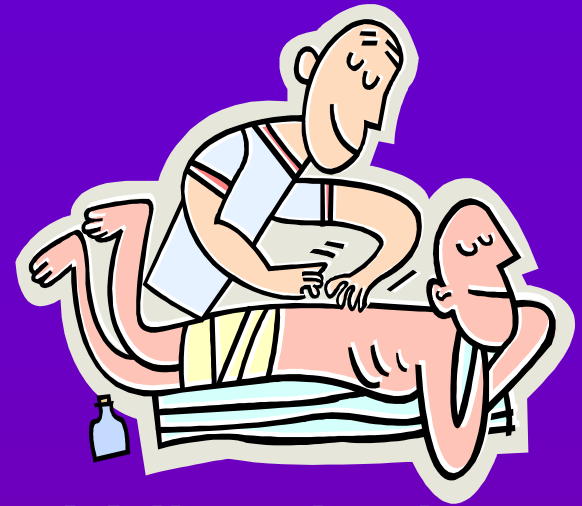
‘Rat,’ said the Mole, ‘I simply can’t go to sleep and do nothing, even though there doesn’t seem anything to be done. We’ll get the boat out and paddle upstream and search as best we can- anyhow, it will be better than going to bed and doing *nothing*.’



‘Oh Mole! I hear the happy call of distant piping! Such music I never dreamed of, the beauty of it! Here in this holy place, here if anywhere we shall find him!’ Then suddenly the Mole felt a great Awe fall upon him, an awe that turned his muscles to water, bowed his head and rooted his feet to the ground. He felt wonderfully at peace and he knew that the Presence was very, very near...

**When and how do
you feel most at
PEACE?**

**What can you do
to PAMPER
yourself and
others?**



**Why is it
important to
give as well
as receive?**





A Feast in the House of Simon the Pharisee;
Peter Paul RUBENS; c. 1618;

PROMISE POWER

He lets you rest
and renews
your soul!

Psalm 23 v 2



Will you let yourself be pampered?

PENSIVE POWER



**ARE YOU GOOD AT SPOTTING THE
IMPORTANT DETAILS IN YOUR LEARNING?**

POINTER TO PHYSICAL PERFECTION



RELAX AND DETOX!

PICK A 'P' CHALLENGE...

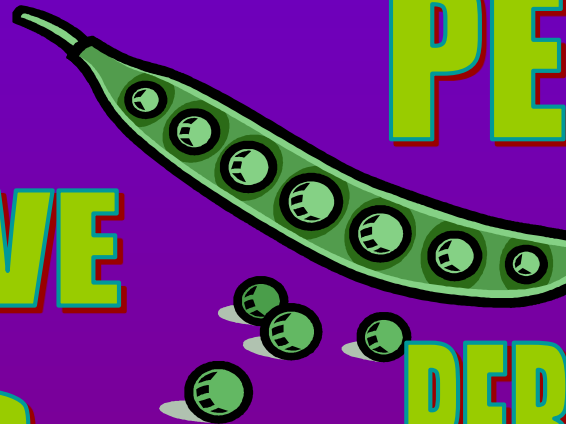
PEEVISH

PENT UP

PROACTIVE

PUNY

POD



PERSPICACIOUS

PASSIVE

PURR

PANACEA

PAMPER

