

# PROMISE OF THE WEEK...

I WILL BE WITH YOU  
ALWAYS, I WILL NEVER  
ABANDON YOU!

Poor Mole stood alone in the road, his heart torn asunder, and a big sob gathering somewhere low down inside him, to leap up to the surface presently, he knew, in passionate escape. But even under such a test as this his loyalty to his friend stood firm. Never for a moment did he dream of abandoning him...

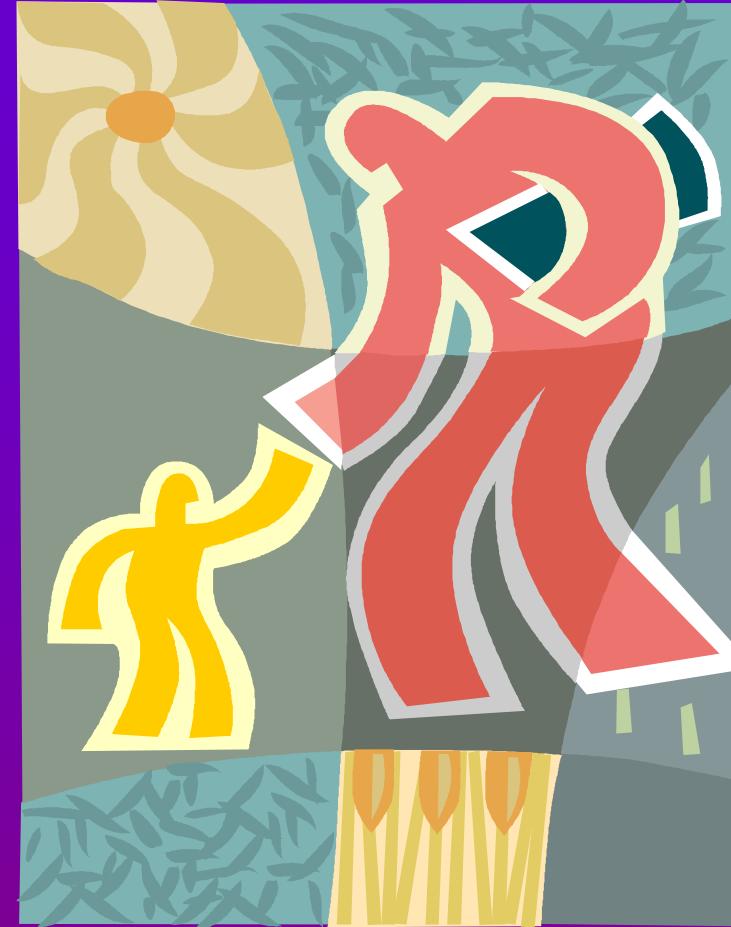


The Rat, astonished and dismayed at the violence of Mole's paroxysm of grief, did not dare to speak for a while. At last he said, very quietly and sympathetically, 'What is it old fellow? Whatever can be the matter? Tell us your trouble and let me see what I can do.'



**What are the qualities of a good pal?**

**When did you last help someone in need?**



**Who needs your forgiveness now?**



Jesus Heals The Paralytic by Harold Copping

# PROMISE POWER

I will be with you  
always!



**Hebrews 13 v 5**

**How can you be a perfect pal?**

# PENSIVE POWER



ARE YOU GOOD AT LISTENING TO OTHERS  
AND LEARNING FROM THEM?

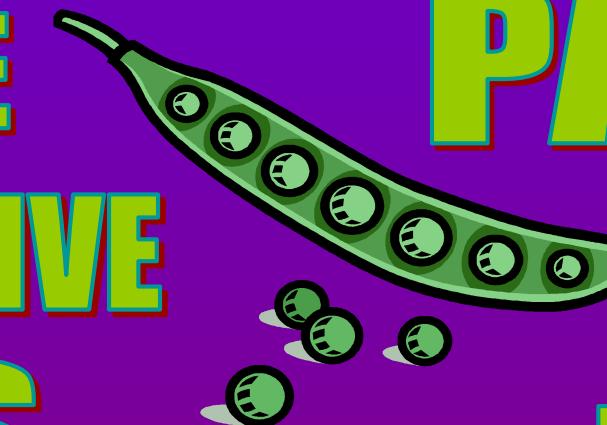
# PICK A 'P' CHALLENGE...

PATIENCE

PERSPECTIVE

PALS

POLES



PANIC

PERSEVERANCE

PERSONABLE

PARALYSED

POWERFUL

POSITIVE

# POINTER TO PHYSICAL PERFECTION



## BE PART OF A TEAM



