

## **UKRAINE COLLECTION**

Please contact Mel Beskin-Byrne (07961488439) if you can help.

Items needed for a local Ukraine collection:

Non-medical - (there is no electricity/water to wash)

- 'ski grade' warm clothes for adults and children (jackets/ski trousers/thermals/winter shoes sizes 3-12 (UK) man, woman, children
- new underwear for women and men
- sleeping bags
- tents 1-4person or more
- camping sets
- inflatable mattresses, sleeping pads
- hygiene products (toothpaste/brushes, nappies for children and adults, pads, detergents and combs

For hospitals:

- non-sterile medical gloves (s,m,l)
- medical gloves (sterile)
- shoe covers
- alcohol wipes
- sedative, medications to lower blood pressure
- bactericidal plasters
- co-codamol or codeine (without ibuprofen)
- antiseptic liquid, cream
- bedding sets (only new or nearly new)

Food:

- energy and cereal bars or sweets
- instant coffee, cocoa in sticks or non glass jars
- nuts, peanuts, seeds, dried fruits and raisins
- baby food (no glass jars)

Donated funds (through the charity, Neighbours Welcome) will be used to pay for:

electric generators  
roofing materials  
electric convertors  
mobile gas stoves  
petrol for local charities delivering aid