

## Holy Trinity Sport Report 2017-2018



### **We are an Active School**

Children can choose between a variety of sports clubs run before, during and after school throughout the week. These clubs are run by teachers and PE staff. Over 90% of these clubs are free and children can join at any point in the term.

This year 82% of Year 3 children, 81% of Year 4 children, 82% of Year 5 children and 78% of Year 6 children have attended a sports club and, looking at our registers, most clubs are very popular, with children returning each week.

Our aim is to put on something for everyone. Some of our most popular clubs this year have been early morning running club, Ultimate Frisbee, Scottish dancing, badminton, cricket, tennis, hockey, netball, dodgeball and football.

### **Our children are fit and healthy**

This year we have concentrated on all year groups getting fitter and stronger in PE. Warm-ups consist of 3 minutes of continual exercise to increase the children's heart rate. All year groups have taken part in Circuit Training in the Chapel, using muscles that the children didn't know that they had! They have been doing squats, tri-cep dips, sit ups, chest presses, skipping and sprints and we have seen some very red faces after these sessions.

All year groups have taken part in bleep tests and scores have been recorded. We have encouraged all the children to beat their last performance and be proud of their efforts. Top positions have been posted on the sports notice board.

As a result of all this hard work, all year groups are now undertaking a Sports Day Pentathlon with each child being assessed on 5 key exercises and skills.

To help further inspire all of our children we also took part in a 10 million steps challenge for Sport Relief! Each child wore a pedometer for a day and was tasked with being as active as possible! Whilst we didn't quite reach 10 million, we thought that 7 million steps wasn't a bad effort!

### **We are getting busy in the classroom...**

As part of our on-going commitment to being a healthy school we have introduced a new "healthy classroom" initiative, which aims to get children moving at regular intervals throughout the day. Each class takes part in stretching, short cross country runs, treasure hunts (in and out of classrooms) and various other activities aimed at getting everyone moving.

### **We are 'learning to lead' in the playground and in PE**

In October, our Year 6 Sports Crew attended a Young Leaders course, along with children from other local primary schools. Applying the skills they learnt, our Sports Crew now run fun activities and games in the basketball court at lunchtimes. We have increased the sports equipment available at playtime and the Sports Crew have encouraged the less active to have a go at activities such as skipping, cricket and the game "4 Square".

During the Autumn term our Sports Crew were given the task of running the house netball and football competitions. This term they were invited to lead the Year 3 and Year 4 district mini tennis competition held at Shalford Tennis Club. We had lots of complimentary comments about how friendly and capable our young leaders were.

It's not only the Sports Crew that are learning to lead. The whole of Year 6 measured and timed each other when they did their Pentathlon and they also ran the Sports Day Pentathlon for Years 3, 4 & 5. Not only are they encouraging and motivating others, but they also added up scores and converted them into house points, as well as filling out certificates for every child.

### **It's not all about sport at playtime**

We appreciate that not all children want to run around playing sport at play time, but many enjoy being outdoors being active. Paul Horsfield (employed on staff for leading outdoor activity and sport coaching) is around most lunch times to help children create an amazing den or show them how to whittle sticks with an emphasis on exploring the outside world.

Fluffy Fridays also give children the option to get out into the wilderness. Our traditional 3 peaks (walking over the three local highpoints), mountain biking and den building are some of the options this year that have allowed children to either do something they love or have a go at something they have not tried before.

### **The children have enjoyed representing the school**

Holy Trinity have attended over 70 fixtures this year. All year groups have taken part in cross county competitions and even more are planned for next year. The Year 5 and Year 6 Cross Country team won the Girls and Boys trophy and Overall trophy for a 5<sup>th</sup> year running.

We have had great success at the Surrey Schools Cross County at Reigate in March with Lara Dolling coming 4<sup>th</sup>, Caitlyn Durrant coming 5<sup>th</sup>, Toby Earl coming 3<sup>rd</sup> and Ben Ely coming 6<sup>th</sup> in their respective year groups.

Mary Booth's hockey club on a Thursday is so popular that we have been able to arrange fixtures for all year groups. We have played against St Joseph's, Tormead, St Hilary's and Barrow Hills Schools. Our record is unblemished - we have won all our matches.

Boys' football has been in great shape with more fixtures than ever. Sadly Year 6 lost out in the Guildford Primary school qualifying tournament in November. However, they won every other match, both home and away, only conceding one goal.

Not to be outdone, the Year 4 boys won their Guildford Primary school qualifying competition and the Y3 & Y4 girls won their qualifying competition and both teams were on their way to the County finals in April.

Holy Trinity and Weyfield teamed up and put on a friendly Year 6 football tournament allowing all Year 6 boys who wanted to get involved a chance to play for their school. The tournament was very popular with other schools and all the PE leads and children loved this friendly and fun event which we hope to now make a permanent fixture.

In the Spring term the Guildford Primary schools decided to set up a football league for Year 6 which resulted in matches against more schools than in previous years.

The Year 6 netball team have had a fantastic year winning the Indoor Netball Tournament in November, the Guildford Primary Schools Tournament in March and the High 5 Tournament in May which resulted in a place in the High 5 County finals in April. Yet again they played brilliantly and lost out in the final to a 'golden goal' in extra time!

All 7 members of the team have been nominated by Surrey Netball to attend 4 weeks of workshops leading to possible nomination for trials for the U13 County development and academy teams. An amazing achievement!

Not to be outdone Year 5 also won their High 5 tournament. The Year 5 girls enjoy their netball and this year we have lots of opportunities to play A, B and C team matches.

All the Holy Trinity PE Leads love athletics and this year we practised hard for our Sportshall district events. Year 4 won the Guildford Schools Sportshall in January and Year 3 also did very well against some tough Year 4 teams. The Year 5 & Year 6 team won their District event in February and booked their place in the finals in April. We have never come higher than 3<sup>rd</sup> and so we were absolutely ecstatic when we achieved 1<sup>st</sup> place!

District Sports was another huge success for Holy Trinity. We won Yr3,4,5 and 6 competitions for both boys and girls, meaning that we took the overall trophy for another year.

Making sure all our children are safe in the water is very important to us. All of our Year 3 and Year 4 children get the opportunity to swim in school time as part of PE. However, some children who join after Year 4 have not had this opportunity. This year we surveyed all Year 5 and Year 6 to identify children who may need extra swimming lessons. This term we booked the pool at Spectrum and a small group of children from Year 6 received booster lessons. We hope to continue this next year.

All year groups have had the opportunity to play cricket at clubs after school this term. We were also very lucky to welcome Hope Dear, an ex player and coach at Surrey Cricket to come and inspire the Year 5 girls after the amazing recent success of our Womens' national team. Our Year 6 boys and Y5 & 6 Girls cricket teams were in action in May and had a fantastic afternoon of cricket at Normandy CC. The boys won their event, but sadly could not go to the finals held at Epsom College in June as the children were enjoying themselves at Preston Montford at this time.

The girls also played well but lost out to Tillingbourne in the 'golden bowl' as both teams ended up on the same number of runs. We were offered a last-minute place at the finals as another team dropped out and we took the opportunity and put together a new team of Year 4 and Year 5 girls. The team had an amazing day playing themselves in to the Trophy competition. They lost out to two very experienced teams. We hope to continue coaching and playing more cricket next year.

### **Links with local schools**

Holy Trinity is an active member of the Guildford Primary School Sports Association and we enjoy good relationships with other Guildford primary schools. The Association is chaired by Send Primary School and co-chaired by HT and meets once a term to schedule fixtures and decide policy. This year we have spent more on medals for tournaments and we have prioritised B and C team fixtures. We have encouraged some schools to get more involved with primary school sport and as a result we have seen an increase in the number of schools and children competing.

We have agreed to add extra Year 3 and Year 4 Cross Country races next year and put on more B and C tournaments for football and swimming.

Holy Trinity also take advantage of the close links we have with other schools which enable us to add depth to our fixtures. GHS, St Catherines, Rydes Hill, Tormead and Barrow Hills invite us to cross country races, athletics, hockey and netball which means we can select more children to compete.

### **Investing in the Future**

This year we have bought 100 skipping ropes for the playground. Ultimate Frisbee was such a hit we invested in 15 top quality training Frisbees. The club is now the most popular club for the Y5 & Y6's, with over 50 children attending each week.

We decided to smarten up our athletes and have recently ordered 60 new competition sports t-shirts and new athletics T-shirts.

Tennis this term has been extremely popular and so we have purchased 30 new rackets. Mary Booth's hockey club almost reaches triple figures some weeks and so we have decided to invest in 30 new hockey sticks for next term.

This year Laura Sutton trained towards UK Athletics Assistant Coach Award. Laura is also a Level One UK Athletics Field Official for Guildford & Godalming Athletics Club as well as being team manager for the Surrey Ladies League Cross Country team.

## **Our Parent/School Partnership**

Clubs and sports fixtures could not happen without all the parent help we receive throughout the year. We say a big thank you to Sam Ingham, a netball player herself who has helped Laura and JJ with netball this year. Thanks as well go to Amy Cashmore, a regular hockey player who has helped Mary with hockey club on Thursdays and to Richard Organ who also coaches on Thursdays. Thank you also to Jack Houghton for visiting Pewley to talk about the benefits of Junior Park Run on Sunday mornings at Stoke Park and to Ben Simmons, Guildford City Football coach for helping Toby Strutt with Year 4 football this year and to Sharon Turton for helping Laura with Y3 & Y4 netball.

We also give a huge thank you to all the parents who have helped with lifts to fixtures and sometimes helping children to get back to HT if their parents are unable to pick them up. We simply could not give these opportunities to our children without your help and support!

For the third year in a row HTSC organised the Annual HTPD Shalford Park Fun Run which resulted in some amazing times and performances from parents, teachers and children! We thank all the parents who ran and who inspired the children to run as well; many were new to running and found the whole experience really exhilarating.

For the third year running Holy Trinity has been awarded the Gold School Games Mark. This is what Ally Reid, our School Games Organiser said about us:

***Holy Trinity are a remarkable school with an incredible dedication and commitment to providing a wealth of school sport opportunities to all of their pupils. Having previously attained the GOLD accreditation they went further this year to offer more B & C team opportunities, increase the amount of sports leaders and continued to develop their extensive school-club links. They are also a keen advocate of establishing themselves as an active school sending multiple teachers on CPD courses related to this, as well as embedding many of active school principles across all year groups.***

***Holy Trinity have not only been instrumental in providing all of their children a fantastic array of school sport opportunities, but are also a vocal and staunch supporter of the district association, offering support and encouragement to other schools to engage their pupils. They are a huge credit and very positive presence to the local area.***

***A very well-deserved GOLD award again this year. Congratulations - Ally Reid, School Games Organiser South-West Surrey***

